

Spring, 2012
Calendar of Classes

IUSD School Readiness Program



Empowering Children and Families
for School Success

**IUSD School Readiness Program
At the Early Childhood Learning Center
1 Smoketree, Irvine, CA 92604**

<http://schoolreadiness.iusd.org> OR www.iusd.org/eclc
949-936-5870

Program Registration Policies

- Registration for programs starts at 8:00 a.m. on Monday, March 5, 2012 and is required for all classes. Walk-ins will be taken first, then phone calls at (949) 936-5870 ~ Space is limited.
 - We accept **cash or checks** for payment. Please make checks payable to IUSD School Readiness Program and drop off OR send payment upon registering to: IUSD School Readiness Program, 1 Smoketree, Irvine, CA 92604.
 - Refund requests will only be honored if you cancel the class 3 weeks prior to the start date of the class. After that, refunds will only be given if your placement in the class can be filled.
 - Siblings are NOT permitted in the classroom, this includes children in strollers.
- After registering for class, everyone **MUST WEB ENROLL** prior to attending class (excludes Learning Link) (if you live in the IUSD attendance boundaries AND you HAVE NOT web enrolled before):
1. www.iusd.org
 2. Enrollment
 3. On-line data entry process
 4. Enroll student for THIS SCHOOL YEAR 2011-2012
 5. Enroll Student for Grade (drop down list), select School Readiness
 6. No need to print any paperwork

PARENTS & CHILDREN LEARNING TOGETHER



Learning Link

The IUSD SRP Learning Link is a drop-in, interactive center for **parents and their children ages 0-5**. Activities for all ages designed by a preschool teacher will be available for you and your child to do together. Our team of professionals will be onsite to answer any questions regarding health and development, parenting, cognitive/academic development and social/emotional development as well as information and referrals to community resources. We look forward to working with you to support healthy, happy children and families.

Instructor: Early Childhood Education Specialist

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	9:30-11:30am	Wed.	4/18-6/13	\$5 per child/class	\$5 per child/class

*No pre-registration OR web enrollment required

Pint-Size Picassos

This **parent and child (3-5 years)** interactive workshop will focus on using art as a means of expressing ourselves and to enhance concept knowledge such as shapes, colors and patterns. We will paint, draw, cut, collage and create using different mediums and materials. The fee for the class covers all art materials and supplies. We will get messy, so don't be too dressy!



Instructor: Early Childhood Education Specialist

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	10:00-11:30am	Wed.	4/25	\$15*	\$20*

*\$5.00 for each additional child

Siblings are not permitted in classroom if not registered.



KINDERGARTEN READINESS CLASSES



The following chart will clarify the cutoff dates for attending kindergarten or transition kindergarten (TK):

<u>School Year</u>	<u>TK Eligible Birthdates</u>
2012-2013	November 2, 2007 – December 2, 2007
2013-2014	October 2, 2008 – December 2, 2008
2014-2015	September 2, 2009 – December 2, 2009
2015-2016	September 2, 2010 – December 2, 2010

<u>School Year</u>	<u>Kindergarten Eligible Birthdates</u>
2012-2013	December 3, 2006 – November 1, 2007
2013-2014	December 3, 2007 – October 1, 2008
2014-2015	December 3, 2008 – September 1, 2009
2015-2016	December 3, 2009 – September 1, 2010

Due to the high interest we have received for our pre-kindergarten classes for Fall 2012, please have your name included on an Interest List by calling Sharon at (949) 936-5870.

Get Ready for Kindergarten

Get Ready for Kindergarten is an enrichment program for children designed to support the development of school readiness skills. This is an opportunity for children to be part of a small group and provides a bridge to the transition into kindergarten. Materials, resources and a free 30-minute consultation with our Parent Educator will be provided to enable parents to continue to support learning at home. This class is for children under the age of 6 who will be enrolled in a **kindergarten program in either July or September 2012**. This class **meets two times a week for six weeks**. Class size is limited. **A mandatory parent meeting will be held on the first day of each session, for first-time parents only.**

Instructor: Early Childhood Education Specialist



Session	Time	Day	Date	Fee Irvine Resident / 5 wks.	Fee Non-Irvine Resident / 5 wks.
1	1:00-3:00pm	Tues./Thurs.	4/17-5/17	\$242	\$250
2	1:00-3:00pm	Tues./Thurs.	5/22-6/21	\$242	\$250

PARENT EDUCATION

Building Childhood Assets for Life Success

Researchers at the Search Institute in Minneapolis have named 40 developmental assets young children need to grow up and be successful in school, to make good decisions for themselves, and to become leaders in their community who positively influence those around them. Join us for this informative class where we will learn about these developmental assets as well as practical parenting strategies to help your child develop these assets in themselves. **Free childcare is available for children 2 and older.**



Instructor: Parent Educator

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	6:30-7:30pm	Thurs.	4/19	\$20	\$30



Connecting With Others

Do you have a child that struggles with socialization skills? Does your child lack eye contact with others, fail to develop peer relationships in an appropriate manner or needs support expressing their wants and needs with friends? If so, your child will benefit from this small, interactive, socialization group. This class includes a parent support component led by our Parent Educator, run concurrently with the socialization class, taught by our *Early Childhood Education Specialist*. The class size is **limited to six children**. **Please call (949) 936-5863 for pre-screening.**

Instructors: Parent Educator and Early Childhood Education Specialist

4-5 years old

Session	Time	Day	Date	Fee Irvine Resident / 6 wks.	Fee Non-Irvine Resident / 6 wks.
1	9:30-10:30am	Wed.	4/25-5/30*	\$80	\$90

*Parent meetings are: 4/25, 5/9, 5/23

“How to be a Sneaky Chef” ~ and get those vegetables into the kids!

Putting healthy, child friendly dinners on the table can be a source of anxiety for many parents. What will you have? How long will it take to fix? And most importantly...will your child eat it? In this class you'll learn how to slip nutritious foods into everyday choices, and that planning ahead doesn't have to be time consuming and painful. Come to class, and go home with some good ideas and recipes. **Free childcare is available for children 2 years and older.**



Instructor: School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30-12:30pm	Thurs.	4/26	\$5	\$10



PARENT EDUCATION

Love Languages of Children

Kids need to know how much you love them. Every child expresses and receives love best through one of five communication styles. This class will help you discover your child's preferred love language, enhance your connection with them and provide you with more opportunities to meet their deepest emotional needs. **Free childcare is available for children 2 and older.**



Instructor: Parent Educator

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	6:30-7:30pm	Mon.	5/7	\$20	\$30



Toilet Training...HELP!!

Are you clueless as to how to go about toilet training your child? It makes sense to learn how to do this *before* you need it. Knowing the basic principles will help you understand how to navigate both you and your child through this normal developmental step. Join us to find out how to know when your child is ready, and learn a step-by-step approach, or come with your questions and we'll problem solve together. **Free childcare is available for children 2 years and older.**

Instructor: School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30-12:30pm	Thurs.	5/10	\$5	\$10

Bedtime Struggles

Is it difficult to get your child to bed at night? Why is that? Would you like to find a better way? Come to this class and learn some helpful strategies to help your child settle down and be ready for bed at bedtime. **Free childcare is available for children 2 years and older.**



Instructor: School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30-12:30pm	Thurs.	5/24	\$5	\$10

Spring into Summer ~ Fun Activities to Do With Your Children



Summer's almost here...and the kids will be home with you. What are you going to do? We've got a boat-load of ideas of where to go and how to keep the learning happening, whatever you do. We'll cover places here in town and also other places to explore in the county and beyond. **Free childcare is available for children 2 years and older.**

Instructor: School Readiness Nurse

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	11:30-12:30pm	Thurs.	6/7	\$5	\$10

Social Skills Development in Young Children

Good social skills are critical to success in life. These skills enable us to know what to say, how to make good choices, and how to behave in diverse situations. The extent to which children possess good social skills can influence their academic performance, behavior, and social and family relationships. This class will explore the good social skills children need for interpersonal relationships and reasons why they may experience difficulty performing these skills. We will also focus attention on teaching new skills that will facilitate desirable behaviors. **Free childcare is available for children 2 and older.**



Instructor: Parent Educator

Session	Time	Day	Date	Fee Irvine Resident	Fee Non-Irvine Resident
1	6:30-7:30pm	Thurs.	6/7	\$20	\$30



Problem Solved!

We'll come to you... preschools, child care groups, playgroups, mom's clubs, MOPS, workplace or just a group of friends getting together... **OR you come to us!** Join a Pediatric Nurse Practitioner, an Early Childhood Education Specialist and a Parent Educator for a casual conversation answering your questions and discussing challenges in raising young children. Topics could include (but are not limited to) parenting, child development, kindergarten readiness, health & development (sleep habits, eating behaviors, toileting, behavior) or just about anything concerning your young children!

Call to set up a date and time for your group.
*Minimum 10 people per group

Fee / 1 day
\$10 per person*

CUIDAR - A Special Parenting Series

CHOC & UCI are collaborating on a series of parenting education classes entitled "CUIDAR for Attention and Learning" that targets preschool children (3-5 years), who have problems in the areas of attention and behavior. **Please call Shahrzad at (949) 824-2462 to register. Space is limited!**



Time	Day	Date	Fee / 10 weeks
6:30-8:30pm	Tues.	4/17-6/19	\$20





Irvine Unified School District
 School Readiness Program
 5050 Barranca Parkway
 Irvine, CA 92604-4652

Non-Profit Organization
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 Santa Ana, CA 92711
 Permit No. 827

SUPPORT SERVICES

These services are offered to give parents with young children a variety of ways to access critical information needed to provide a healthy environment in which their children can grow and flourish.

Consultations and Referrals - from an educator, nurse practitioner and/or parent educator/MFT

We offer *individual consultations* on site or in the home on such topics as: typical newborn behavior, toilet training, nutrition, sleep, discipline, dealing with stress, parenting, school readiness or child development.

Call for an appointment (949) 936-5870

Fee: \$30



Book Lending Library

Looking for information or resources on a particular topic? We have a large library for parents and interactive backpacks for preschoolers. A refundable deposit is required for each item checked out (\$10 for books / \$20 for backpacks).

Physical Exams

If you have no health insurance for your child, you may be wondering what to do and where to go. You can come to the School Readiness Program. We can determine if your child can enroll in MediCal or Healthy Families and then our Pediatric Nurse Practitioner can do a physical that includes nutritional and developmental assessments, vision & hearing screening, a finger-stick blood test for anemia, a urinalysis, TB test and any required immunizations. Call (949) 936-5861 now for your appointment.

