



CHOC-UCI Initiative for the Development of  
Attention and Readiness

# Parenting Classes

Do you ever feel frustrated as a parent or are you concerned about your child's behavior? If you have a preschool-age child (3-5 years), we have a program for you. CUIDAR offers a 10-week program intended to help parents find effective solutions to common behavior challenges while getting to know other families in the community.

## IRVINE UNIFIED SCHOOL DISTRICT

1 Smoketree, Irvine, 92604

Every Tuesday,  
October 4<sup>th</sup> to December 6<sup>th</sup>  
6:30 p.m. to 8:30 p.m.

To register, please call  
Shahrzad at:  
(949) 824-2462

**\$20 non-refundable registration  
fee due upon enrollment.\***

Space is  
limited!

Visit us at our  
website:

[www.cuidar.net](http://www.cuidar.net)

\*\$20 registration fee includes up to 2 adults.  
There is a \$10 charge for each additional adult.

Major support provided by  
Children & Families  
Commission of Orange County

